

ACTIVITY LIST

A	abseiling (within organiser's guidelines)	YES
	adventure racing	NO
	american football	NO
	angling	YES
	athletics	NO
	archery	NO
B	badminton	YES
	ballooning - hot air (organised pleasure rides only)	YES
	banana boating	YES
	baseball	YES
	base jumping	NO
	basket ball	YES
	biathlon	NO
	big foot skiing	yes - with w/s premium
	big game hunting	YES
	black water rafting	YES
	BMX riding - stunt /obstacle	NO
	boardsailing	YES
	bobsleighing	NO
	bouldering	NO
	bowling	YES
	boxing	NO
	bungee jumping (within organiser's guidelines)	YES
C	camel riding (no personal liability cover)	YES
	canoeing (up to grade 2 rivers only)	YES
	canyoning	YES
	catamaran sailing (if qualified / no personal liability cover)	YES
	cat skiing	NO
	caving / pot holing	NO
	cave tubing	NO
	clay pigeon shooting (no personal liability cover)	YES
	climbing (on a climbing wall only)	YES
	climbing up to 4000 meters	NO
	climbing over 4000 m	NO
	cricket	YES
	cross country skiing	yes - with w/s premium
	curling	YES
	cycling	YES
	cycle racing	NO
	cyclo cross	NO
D	deep sea fishing	YES
	dinghy sailing (no personal liability cover)	YES
	dog sledging	yes – with w/s premium
	drag racing	NO
	dry slope skiing	yes – with w/s premium
E	endurance tests	NO
F	fell walking	YES
	fencing (within organiser's guidelines / no personal liability cover)	NO
	fishing	YES
	fives	NO
	flying (except passengers in licensed passenger carrying aircraft)	YES
	football - American	NO
	football – English organised game	YES
	free mountaineering	NO
G	gaelic football (No Personal liability Cover)	NO
	glacier skiing (Included if Winter-sports option or Annual taken & with in guidelines)	yes – with w/s premium
	glacier walking	YES
	gliding	NO

	go karting (within organiser's guidelines / no personal liability cover)	YES
	golf	YES
	gymnastics	YES
H	hang gliding	NO
	handball	YES
	harness racing	NO
	heli skiing (with a qualified guide)	NO
	heptathlon	NO
	high diving (over 5 metres)	NO
	high altitude trekking not requiring use of ropes, mountaineering equipment? If yes Cat X	NO
	hill walking up to 2000 meters	YES
	hiking / trekking / walking (below 4000 meters)	YES
	hiking / trekking / walking (above 4000 meters)	NO
	hockey	NO
	horse riding (excl. competitions/racing/jumping/hunting)	YES
	hot air ballooning (organised pleasure rides only)	YES
	hunting (fox / drag)	NO
	hurling (No Personal liability Cover)	NO
I	ice hockey	NO
	ice skating	YES
	ice speedway	NO
	indoor climbing (on climbing wall)	YES
J	jet boating	NO
	jet skiing	NO
	jousting	NO
	judo	NO
K	karate	NO
	kendo	NO
	kite surfing	NO
	kayaking (up to grade 3 rivers only)	YES
L	lacrosse	NO
	langlauf	NO
	lugging / bobsleigh	NO
M	manual work (physical, labouring)	NO
	marathon running	YES
	martial arts	NO
	micro lighting	NO
	modern pentathlon	NO
	mono skiing	yes - with w/s premium
	motor cycle racing	NO
	motor racing	NO
	motor rallying	NO
	motor cycling	NO
	mountain biking	NO
	mountaineering over 4000m	NO
N	netball	YES
O	off piste skiing (within local ski patrol guidelines)	NO
	orienteering	YES
	outdoor endurance events	NO
	overland trips	YES
	organised safari without guns	YES
	organised safari using guns	NO
P	paint balling (wearing eye protection / no personal liability cover)	YES
	parachuting	NO
	paragliding / parapenting	NO
	parascending - over water	NO
	parascending - over land	NO
	polo	YES
	pony trekking	YES
	pot holing / caving	NO

powerlifting	NO
power boat racing	NO
professional sports of any kind	NO
Q quad biking (no personal liability cover)	NO
R racket ball	YES
rackets	YES
rambling	YES
rap jumping (within organiser's guidelines)	NO
rifle range shooting - (no personal liability cover)	NO
ringos	NO
river bugging	NO
rock climbing	NO
rock climbing using ropes and guides	NO
rodeo	NO
roller skating/blading (wearing pads & helmets)	YES
roller hockey	NO
rounders	YES
rowing (except racing)	YES
rugby	NO
running	YES
S sailing (if qualified / no personal liability cover)	YES
sail boarding	YES
safari trekking in a vehicle (must be organised tour)	YES
safari trekking on foot (must be organised tour)	YES
sand dune surfing / skiing	YES
sea kayaking	YES
scuba diving to 30m (within organiser's guidelines)	YES
scuba diving between 30m - 50m (within organiser's guidelines and if qualified)	NO
shark diving (in cage)	NO
shooting (within organiser's guidelines / no personal liability cover)	NO
skateboarding (wearing pads and helmets)	YES
skiing	yes - with w/s premium
ski acrobatics	NO
ski dooing (no personal liability cover)	NO
ski jumping	NO
ski racing	NO
ski stunting	NO
ski touring	NO
sky diving	NO
sledging - pulled by horse or reindeer as a passenger	yes - with w/s premium
sledging / tobogganing	yes - with w/s premium
small bore target shooting	NO
snorkelling	YES
snow-blading	yes- with w/s premium
snow-boarding	yes - with w/s premium
softball	YES
speed skating	NO
speed trials / time trails	NO
squash	YES
street hockey (wearing pads and helmets)	NO
summer tobogganing	NO
surfing	YES
T table tennis	YES
tennis	YES
ten pin bowling	YES
time trails / speed trails	NO
tobogganing / sledging	yes - with w/s premium
trampolineing	YES
trekking	YES
triathlon	NO

	tug of war	YES
V	volley ball	YES
W	wake-boarding	YES
	walking / hiking / trekking	YES
	war games	NO
	water polo	YES
	water-skiing	YES
	water ski jumping	NO
	weight lifting	NO
	white water canoeing (up to grade 3)	YES
	white water rafting (up to grade 3)	YES
	wind-surfing	YES
	wrestling	NO
Y	yachting (if qualified / no personal liability cover and within territorial waters)	YES
Z	zorbing	YES

Key

“Yes”

That particular activity is covered at standard travel rates.

“Yes - with winter sports premium”

You need to select winter sports cover during the quote stage to be covered for this activity.

“No”

This means we do not provide cover for that activity under this policy.

If the activity you are looking for is not shown on this list please contact us.